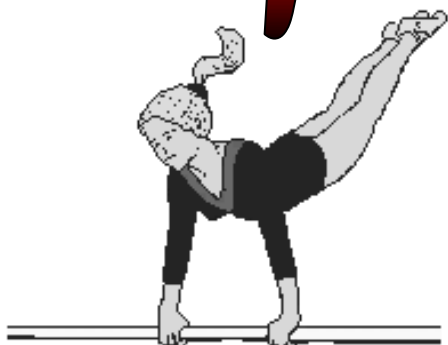


# Girls Gymnastics Camp



Come to Minnesota Valley Gymnastics Center for girls gymnastic camp. Each day at camp after warm-up and stretching we will work on various gymnastics skills at each of the events including Vault/springboard, beam, bars and floor/tumbling. We will also have time to work on the trampoline, do some conditioning, play some games and have free time

at the end of each day. Daily craft, snack and drink are provided. Open to all gymnasts Beginner to progressive level 4 and prep team. Gymnasts may be divided into groups to work on level appropriate skills. For girls ages 4 - 12 No prior gymnastics experience need!

## Camp Dates:

June 20 - 23 ~ 1 - 4

July 11 - 14 ~ 1 - 4

August 8 - 11 ~ 1 - 4



Cost: \$94.00 / per gymnast  
(NON-REFUNDABLE)

10% Multiple child discount

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## Registration Form

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Age: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Camp Name: \_\_\_\_\_

Camp Date: \_\_\_\_\_

### *Family Information:*

Parent Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Other: \_\_\_\_\_

E-mail address: \_\_\_\_\_

### Emergency Contact:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

All participants must have a signed waiver from the gym to attend camp



Minnesota Valley Gymnastics Center

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